

CIRCLE PARTNER DANCE (2 PEOPLE) MOVING ANTI-CLOCKWISE

NAME: COWBOY DANCE

CHOREOGRAPHED BY: KARIN VD MERWE (FEBRUARY 2008)

MUSIC: "KICK MY ASS" BY BIG AND RICH (SLOW)

"COWBOY DANCE" BY THE CAMPBELLS (S.A. ARTIST) (FAST)

START IN SWEETHEART POSITION

1,2,3,4

BOTH: VINE TO THE RIGHT (SIDE, BEHIND, SIDE, TOUCH)

STEP TO THE RIGHT SIDE ON RF, STEP LF BEHIND RF, STEP TO THE SIDE ON RF AND TOUCH LF NEXT TO RF

5,6,7,8

MAN: VINE TO THE LEFT (SIDE, BEHIND, SIDE, TOUCH)

VINE TO THE LEFT, TOUCH RF (LET GO OF LADY'S LEFT HAND AND ROLL HER IN USING RIGHT HANDS)

LADY: ROLLING VINE TO THE LEFT (ROLL, 2,3, TOUCH)

ROLLING VINE TO THE LEFT, TOUCH RF

9,10,11,12

BOTH: BACK STEPS WITH TOUCHES (BACK TOUCH, BACK TOUCH)

STEP BACK ON RF, TOUCH LF NEXT TO RF, STEP BACK ON LF, TOUCH RF NEXT TO LF

13,14,15,16

MAN: STEPPING ON THE SPOT (RIGHT, LEFT, RIGHT, TOUCH LF)

STEP ON THE SPOT, RF, LF, RF, STEP WITH WEIGHT ON TO LF

LADY: WALK-A-BOUT TURN TO THE LEFT (WALK, 2, 3, STEP ONTO LF) STILL HOLDING BOTH HANDS

DO A FULL TURN AROUND THE GENTLEMAN TO THE LEFT ON 4 COUNTS AND END STANDING AT THE BACK OF THE MAN (BOTH FACING THE FRONT) WITH HANDS IN THE REVERSE INDIAN POSITION

17,18,19,20

MAN: SIDE STEPS WITH TOUCHES (SIDE TOUCH, SIDE, TOUCH)

STEP TO THE RIGHT SIDE, TOUCH LF, STEP TO THE LEFT SIDE, TOUCH RF

LADY: SIDE STEPS WITH TOUCHES (SIDE, TOUCH, SIDE, TOUCH)

STEP TO THE LEFT SIDE, TOUCH RF, STEP TO THE RIGHT SIDE, TOUCH LF

21,22,23,24

MAN: STEPPING ON THE SPOT (RIGHT, LEFT, RIGHT, STEP ONTO LF)

STEP ON THE SPOT, RF, LF, RF, STEP WITH WEIGHT ONTO LF

LADY: LEFT TURN INWARDS (TURN, 2, 3, STEP ONTO LF)

TURN (IN) TO THE LEFT ON 4 COUNTS TO END STANDING NEXT TO THE MAN IN SWEETHEART POSITION AGAIN ON RF, LF, RF, STEP WITH FULL WEIGHT ON TO LF AT THE END OF THE TURN

25,26,27,28 AND 29,30,31,32

BOTH: FORWARD AND BACK STEPS WITH DOUBLE HIP BUMPS (FWD, FWD, BACK, BACK,

BUMP, BUMP, BUMP, BUMP)

STEP FWD ON RF, STEP FORWARD ON LF, STEP BACK ON RF, STEP BACK ON LF

BUMP RIGHT HIP FWD TWICE, BUMP LEFT HIP BACK TWICE

33,34,35,36

BOTH: BACK STEPS WITH TOUCHES (BACK TOUCH, BACK TOUCH)

STEP BACK ON RF, TOUCH LF NEXT TO RF, STEP BACK ON LF, TOUCH RF NEXT TO LF

37,38,39,40,41,42,43,44

BOTH: LOCKS STEPS WITH SCUFFS (FWD LOCK FWD, SCUFF, FWD LOCK FWD SCUFF)

STEP RF FORWARD, LOCK LF BEHIND RF, STEP RF FORWARD, SCUFF LF. STEP LF FORWARD, LOCK RF BEHIND LF, STEP LF FORWARD, SCUFF RF

45,46,47,48

BOTH: BACK STEPS WITH TOUCHES (BACK TOUCH, BACK TOUCH)

STEP BACK ON RF, TOUCH LF NEXT TO RF, STEP BACK ON LEFT, TOUCH RF NEXT TO LF

49,50,51,52

MAN: FORWARD STROLL (WALK, 2,3, TOUCH) TO NEXT PARTNER TO JOIN IN SWEETHEART POSITION

STEP FWD RIGHT, LEFT, RIGHT AND STOMP LF NEXT TO RF

LADY: BACK STROLL (WALK BACK, 2,3, TOUCH) BACK TO THE NEXT PARTNER TO JOIN IN SWEETHEART POSITION

STEP BACK RIGHT, LEFT, RIGHT AND STOMP LF NEXT TO RF

OPTION: THERE DOES NOT NEED TO BE A PARTNER CHANGE IN THIS DANCE AS AT THE END BOTH MAN AND LADY CAN MOVE FORWARD (LADY TURNING FWD) WHILE MAN WALKING FWD